Are you in crisis right now?

- ⇒ Please call **9-1-1** *immediately*.
- ⇒ Allwell Behavioral Health

Services:

1-800-344-5818

⇒ National Suicide Prevention

Lifeline:

1-800-273-8255

⇒ Crisis Text Line:

Text HELP to 741741

 \Rightarrow United Way 2-1-1:

2-1-1 or **1-800-544-1601**

All of these services are available 24/7. You may also call **2-1-1** or **1-800-544-1601** for crisis counseling.

Our Mission:

To promote, protect and improve public health in Muskingum County.



Zanesville-Muskingum County Health Department

205 North 7th Street Zanesville, OH 43701 Phone: (740) 454-9741 Fax: (740) 452-5154

Updated: July 2017



Zanesville-Muskingum County Health Department

Muskingum County Mental Health Resources





www.zmchd.org

Information to have ready when you call

- ⇒ Insurance Card
- ⇒ Name of person who needs appointment
- ⇒ Social Security Number
- \Rightarrow Date of birth
- ⇒ Current address
- \Rightarrow Phone number(s)
- ⇒ Reason for appointment
- ⇒ Name and other contact information of legal guardian/parent if child is under 18

What to expect at your first appointment

- ⇒ You will meet with a trained professional (counselor, social worker, or psychologist) to gather information and allow you to tell your "story".
- \Rightarrow This first appointment is usually called a "diagnostic assessment".
- ⇒ Most likely, the professional will share services which can be provided to you and also discuss your mental health diagnosis, if needed.
- ⇒ These first appointments usually range from 1-2 hours long. Some agencies will have you arrive early before the appointment to complete intake paperwork.

Outpatient Mental Health Providers

Allwell Behavioral Health	2845 Bell St. Zanesville, OH 43701 (740) 454-9766	1175 Newark Rd. Zanesville, OH 43701 (740) 454-0738
Center for Personal	534 Market St. Zanesville, OH 43701	(740) 450-1615
The Counseling Center	326 Main St. Zanesville, OH 43701	(740) 450-7790
Family Care Behavioral Health Services	2447 Maple Ave. Zanesville, OH 43701	(740) 454-9000
Mid-Ohio Behavioral Health	930 Bethesda Dr. Suite #4 Zanesville, OH 43701	(740) 569-5737
Muskingum Behavioral Health	601 Underwood St. Suite D Zanesville, OH 43701	(740) 562-4427
Muskingum Valley Health Center	716 Adair Avenue Zanesville, OH 43701	(740) 891-9000 *open to current MVHC clients
Ohio Psychiatric Associates	975 Bethesda Dr. Suite #2 Zanesville, OH 43701	(740) 452-4539

Are you a veteran seeking help?

Dept. of Veterans Affairs 2800 Maple Ave. Zanesville, OH (740) 453-7725

Inpatient/Intensive Outpatient Mental Health Providers

Genesis HealthCare System	Inpatient 2951 Maple Ave. Zanesville, OH 43701 (740) 454-5927
Genesis HealthCare System	Intensive Outpatient 2951 Maple Ave. Zanesville, OH 43701 (740) 454-4201
Allwell Behavioral Health Services	3405 Dillon Acres Dr. Zanesville, OH 43701 (740) 455-4132



Services Provided

- ⇒ Not all agencies will offer the same services. Be sure to ask what services are provided by the agency when you call.
- ⇒ Services can range from diagnostic assessment, individual therapy, group therapy, medication services, case management and vocational programs.