Are you in crisis right now?

- \Rightarrow Please call **9-1-1** *immediately*.
- \Rightarrow Allwell Behavioral Health

Services:

1-800-344-5818

⇒ National Suicide Prevention

Lifeline:

1-800-273-8255

 \Rightarrow Crisis Text Line:

Text HELP to 741741

 \Rightarrow United Way 2-1-1:

2-1-1 or **1-800-544-1601**

All of these services are available 24/7. You may also call 2-1-1 or 1-800-544-1601 for crisis counseling.



Our Mission:

To promote, protect and improve public health in Muskingum County.



Zanesville-Muskingum County Health Department

> 205 North 7th Street Zanesville, OH 43701 Phone: (740) 454-9741 Fax: (740) 452-5154

> > Created: July 2017



Zanesville-Muskingum County Health Department

Muskingum
County
Alcohol
&
Substance
Abuse
Resources





www.zmchd.org

Do you have a loved one who is struggling with addiction?

Addiction Support Group

Free and open to anyone in the community. When? 2nd Thursday every month, 6pm Where? Genesis Healthcare System, Behavioral Health Building (behind the hospital), 2951 Maple Ave., Zanesville, OH Want more info? Call Genesis Behavioral Health at (740) 454-4366

Family & Friends Support Group

Free and open to anyone in the community. Sponsored by Muskingum Behavioral Health When? Every Wednesday, 6:30-7:30 pm Where? East Side Community Ministries, 221 Stillwell St. Zanesville, OH Want more info? Call MBH at (740) 454-1266

Project DAWN Training

A community-based overdose education and naloxone distribution program created in collaboration with Muskingum Behavioral Health and Mental Health & Recovery Services Board. This program is for family and friends of those at risk of overdose from opioids.

When? Meetings are on a monthly basis Future trainings are located on the ZMCHD website at www.zmchd.org.

Where? ZMCHD, 205 N. 7th St., Zanesville, OH Want more info? Interested participants can call ZMCHD at (740) 454-9741 and dial "2" for Nursing.

Outpatient Alcohol & Substance Abuse Resources

Allwell Behavioral Health Services	2845 Bell Street Zanesville, OH (740) 454-9766
Genesis HealthCare System	2951 Maple Ave. Zanesville, OH 740-454-5927
Muskingum Behavioral Health	601 Underwood St. Suite D Zanesville, OH (740) 454-1266
SelfRefind	2529 Maple Ave. Zanesville, OH (740) 297-8859

Are you a veteran seeking help?

Department of	2800 Maple Ave. Zanesville, OH (740) 453-7725
Veterans Affairs	

Residential Alcohol & Substance Abuse Resources

Muskingum County Women's	2811 Maysville Pike Zanesville, OH (740) 207-5883
Cedar Ridge Behavioral Health	1225 Woodlawn Ave. Suite 100 Cambridge, OH (855) 692-7247
Stanton Villa	203 N. Main St. New Lexington, OH (740) 342-0616
Evolution	106 S. Main St. New Lexington, OH (740) 343-0733



- ⇒ Not all agencies will offer the same services. Be sure to ask what services are provided by the agency when you call.
- ⇒ Services can range from diagnostic assessment, individual therapy, group therapy, medication services, case management and vocational programs.